

# WHAT DO WE DO IN PRESCHOOL?

**Circle-time** is a group gathering where ideas, plans, and observations are shared. Group activities are designed to stimulate thinking, enrich social skills, and expand attention spans.

**Gross-motor Activities** give children the opportunity to use large muscles, as well as their imaginations, as they engage in fun and healthy exercise, such as running, jumping, and climbing.

**Fine-motor Activities** improve small-muscle development and eye-hand coordination. Common manipulatives found in fine-motor areas include puzzles, beads and laces, pegboards, crayons, and scissors.

**Art Activities** allow children to creatively express thoughts and feelings. Art activities help reinforce fine-motor skills and concept development in areas such as spatial awareness, mathematics and pre-writing.

**Dramatic Play** allows children to practice life skills, improve social skills, increase self-esteem, build vocabulary, and solve problems. And, well, dramatic play is just plain fun!

**Music Activities** develop listening skills, creative expression and social skills. With music, children explore sound, volume, tempo, and rhythm.

**Science Activities** promotes hands-on opportunities for observation, exploration, investigation, prediction, and experimentation.

**Sensory Activities** give children opportunities to experiment with textures and properties of different substances. These activities also promote the development of other skills, such as mathematics, science, and language.

**Building Play** gives children experience with many different concepts, such as shape and size discrimination, spatial relationships, number skills, balance, organization, cause and effect, and classification. Cooperative play skills, problem solving, and creativity are also promoted in building play.

**Story Time** is designed to help children develop an appreciation and enjoyment of literature. Reading activities enhance children's vocabulary and comprehension skills, and also expand their knowledge base.

## Sample Daily Schedule

- Schedules vary per age-group and class.

9:00 – 9:10	Welcome
9:10 – 9:35	Circle Time/ Language Arts
9:35 – 10:00	Enrichment <i>(Chapel, Science or Music and Movement)</i>
10:00 – 10:25	Snack / Restroom
10:25 – 10:50	Outside Playground
10:50 – 11:15	Interest Areas / Art
11:15 – 11:40	Math / Manipulatives
11:40 – 12:05	Outside Village
12:05 – 12:30	Lunch / Restroom
12:30 – 1:30	Story and Quiet Time
1:30 – 1:50	Independent Activities
1:50 – 2:00	Closing